

NEWSLETTER No. 25 – Thursday, 20th August 2009

“Now and again bestow some praise”

Catherine McAuley (1778-1841) Foundress of the Sisters of Mercy.

Dear Parents, Students and Staff,

St Joseph's College Athletics Sports were held last week and it was pleasing to see such high levels of enthusiasm amongst the students present. Most dressed in their house colours, many going to great lengths to look the part and support their house on the day. Participation levels were a little lower than previous years, although with so many colds in the community at the moment this was not unexpected. The event ran very smoothly thanks to Sports Co-ordinator, Mr Josh McCormack and Assistant, Ms Karyn Cross. They were ably assisted on the day by all staff; teaching and non-teaching. Congratulations to all the participants on their conduct, and especially Xavier House who won the event after a long drought.

The boards of the Catholic schools of this area met last week in a forum to discuss issues related to marketing and promotion. These combined board meetings have become an annual event and provide a great opportunity for discussion related to some of the issues impacting on our schools. The evening provided some very interesting items for future discussion. Thanks to Catholic Education Office consultant, Mr Chris Roberts, for convening this gathering.

Mr Darren Atkinson, Principal

PRAYER

*God, I have noticed that the more I believe in you, the better I become at believing in myself.
Give me the confidence so that I might become the best I can be to myself and to others.
We ask this in Jesus' name. Amen.*

IMPORTANT DATES

UPCOMING EVENTS

Friday 21st August – Subject Selection Forms due
Thursday 27th August – Year 8 Medieval Day
Sunday 30th August – Musical Production Dress Rehearsal
Thursday 3rd September – Musical Production Matinee Performance
Friday 4th September – Musical Production Performance (Evening)
Saturday 5th September – Musical Production Performance (Evening)
Friday 11th September – College Ball (Student Free Day)

STUDY TOUR TO ITALY 2010 – INFORMATION SESSION

An information session to gauge the level of interest in a 2010 study tour was held last night. Thank you to those who participated and were able to ask questions of Sandy Colombo from Trekset. If you are interested in the Italy Tour but missed the meeting, please contact Mrs Tracy Aston (50188034) immediately. The proposed dates for the tour are **Saturday, 18th September to Wednesday, 6th October 2010** (17 days). A \$700 deposit is required by **Friday, 18th September 2009** to secure a place.



YEAR 10 SKI REPORT



The Year 10's had a very exhausting week full of skiing and snowboarding at Falls Creek a few weeks ago. The weather was generally kind to us except for Wednesday, which saw rain making the Café the humble abode for most, with plenty of hot chocolates flowing. With the long bus rides and the longer days, students conducted themselves in an outstanding manner for the entirety of the week and this was also commented on by members of the public.

By the end of the week, most students had attempted some of the blue runs, which was incredible as early on in the week, some students were

struggling to stay standing for more than ten meters. The amount of determination by the students in making the most of the week was great. The students were encouraged to have a go and keep trying and this was evident by the large number of stacks, flying skis and continual laughter down the slopes.

A big thank you to the La Trobe University students for assisting the staff and students in making the week possible. Also thank you to Mrs Joy Carroll, First Aid Officer.



Mr Josh Grieger, Camps Coordinator

ATHLETICS CARNIVAL

On Tuesday, 11th August, the annual SJC Athletics Carnival was held at Aero Ovals. The four houses of the College met again to battle it out for the last time this year. It proved to be a thrilling battle, coming down to the last few events.

The day showed staff and students that no one is exempt from participating in the Carnival, especially the novelty events.

Our age group champions were as follows:

13 Year Male Wade Minter	13 Year Female Grace Phelan	14 Year Male Jacob Chisari	14 Year Female Melinda Casey
15 Year Male Matthew Mandica	15 Year Female Torissa Mammone	16 Year Male Sam Kerridge	16 Year Female Nikita Scott and Elly Davison
17 Year Male Michael Quin and Bradley Eagle	17 Year Female Hannah Priest	20 Year Male Patrick Kelly	20 Year Female Alison Pennington

Congratulations to all individual winners.

The overall standings were: 1st Xavier on 5040 points 2nd McAuley on 4712 points 3rd Padua on 4132 points 4th Chisholm on 3891 points

Well done to Xavier House who had not held the trophy aloft since 1982, thus breaking a 27 year drought.

We are now in our third year of the SJC gift 100m sprint. This is a hotly contested race, with winners of the individual 100m sprint given the opportunity to race against other age groups with a time-based handicap. Winners of the SJC gift this year were: Miles Leamon and Alison Pennington.

The colour and costumes for the day were a highlight with many students wearing their House colours with pride. I would like to sincerely thank all students that participated and the student and parent helpers that volunteered their time to ensure the carnival ran successfully. The carnival had an excellent atmosphere and we look forward to making it bigger and brighter next year.

The SSSA Athletics Carnival is fast approaching on **Tuesday, 8th September**. Could all students who received a qualifying slip please return them to your homeroom teacher as soon as possible.

Mr Josh McCormack, Sports Coordinator

LOCAL EXCURSIONS

Monday, 24th August

- Period 4 & 5** PED342A to Waves (Mrs Pike)
RELV22A to Buronga Primary School (Mr Eddie)
- Period 6 & 7** BMG222A to Mall (Miss Cox, Mr Eddie)

Tuesday, 25th August

- Period 2 & 3** PEDOB0B to Apex Park (Mr Doyle)
- Period 4 & 5** PEDOE0E to Apex Park (Mrs Pike)
PEDOE0B to Safeway (Mr Ficarra)

Wednesday, 26th August

- Period 1 - 5** PEDOE0E to Coomealla (Mrs Pike)

Thursday, 27th August

- Outdoor Education Camp to Wapolla Island (Mr Ficarra, Mrs Appleby)
Year 8 Medieval Day (Miss Chamberlain, Mrs Knight, Mr Liepins, Miss Quick)
- Period 2 & 3** MWS082D to Oasis Aged Care (Ms Hagen)
PEDSK0B to Ten Pin Bowling (Mr Collins)
- Period 2 - recess** MW082G to Princes Court (Mr Towns)

BINGO

THURSDAY, 17TH SEPTEMBER

Sally Crothers	0418 145 821
Kiri Fillery	5022 2034
Cameron Crothers	0418 145 867
Ashley Munro	5025 3305
<i>Emergency: Narelle Gallagher</i>	5024 7136

WORLD'S GREATEST SHAVE



On Friday, 31st July, Ally Baldock and Cassandra Leake participated in the World's Greatest Shave in support of the Leukaemia Foundation. Established 11 years ago, the World's Greatest Shave has quickly become one of Australia's biggest fundraising events aiming to raise money to fund research into better treatments and cures for sufferers. The fund also helps the Leukaemia Foundation to continue providing practical care and support to patients and families living with leukaemias, lymphomas, myeloma and related blood disorders.

When planning began for us to take part in the World's Greatest Shave, a fundraising goal of \$2000 was set. With help from independent sponsors and donations from individuals from St Josephs College, we have raised close to \$2131.65.

We would like to thank Mr Atkinson for allowing us to hold the Shave at the College and a really big thank you to everyone who supported us. We would also like to thank Ash and Vinnie who came to the College during their own time to cut our hair for us.

All money raised will be going to the Leukaemia Foundation. We hope that we have raised awareness about Leukaemia, Myeloma and other blood related illnesses.

Ally Baldock & Cassandra Leake

MATHEMATICAL NEWS

August has been a very busy month for extra curricular activities within the Mathematics faculty. The Mathematics Challenge results have now been returned to the school. Congratulations to the following students:

- Emma Sanderson - High Distinction
- Lucy Sanderson - Distinction
- Lexie Antonysen, Julia Kingwill, Amy Anderson, Joshua Galbraith, Tanzina Kazi, Elena Minter and Nikola Page - Credit.

All other students who took part in the Challenge received a Participation certificate to recognise their efforts.

A small group of Year 7 and 8 students have continued with the Maths Enrichment program offered through the Australian Mathematics trust and it has been pleasing to work with this group of talented problem solvers during this term.

On Thursday, 6th August and Monday, 10th August a total of 188 students from Years 7 to 12 sat the Australian Mathematics Competition. This is a test type examination and the results give students an idea of how they have performed in relation to students Australia wide.

On **Friday, 21st August** all Year 7 to 10 students will have the opportunity to witness a Mathematical Mystery presentation in our Mercy Theatre by Burkard Polster and Marty Ross. These two gentlemen are Victorian Mathematicians and they publish a weekly article in the Education Age. Year 7 and 8 students will be bussed to and from the College Stadium for this presentation during Periods 4 and 5. Year 9 and 10 students will be bussed down for the start of Period 6 and will be dismissed from the Stadium at 3.15pm. Bus travellers will be transported back to school.

Mrs Beth Carroll, Maths Domain Leader

MEDIEVAL DAY – THURSDAY 27TH AUGUST

On **Thursday, 27th August**, all Year 8 students will participate in Medieval Day which is the culmination of their study of Medieval History Unit. We are delighted to announce that the 'Days of Knights' group (www.daysofknights.com.au) will be running interactive sessions with our students which will include:



- What was the daily life of a peasant, a tradesman, a noble lady or knight like?
- What did they wear?
- What did they eat?
- How did they work?
- How did they relax?
- What role did each play in society, and how did they relate to the people around them?

Through interactive sessions, students will learn the answers to these questions and more, by performing the dances, playing the games, using the tools and taking part in the same activities a person in the Middle Ages would have been involved in. This sort of heuristic (hands on and learning by experience) learning mirrors the medieval education most people would have received.

The day will conclude with a shared medieval feast in the hall. Students may wear their PE uniform or come dressed in medieval attire. A prize will be awarded at a future assembly for those students who choose to dress up. Students will return to the College for normal class for Periods 6 and 7.

*Mrs Andrea Chamberlain,
Humanities Domain Leader*

YEAR 8 ACTIVITY AFTERNOON

All Year 8 students will be participating in an Activity Afternoon on **Tuesday, 25th August** on the Twelfth Street site. A BBQ lunch will be provided for students.

Cyber Safety will be the key focus for the day's activities. Students will be given the opportunity to discuss online safety and digital reputations as it relates to their cyber lives. A selection of works from the Loddon-Mallee Regional Cyber Safety Project in which the Year 8 students at the College were apart will also be showcased.

The College expects all Year 8 students to be in attendance.

Mr Nigel Reece, Junior School Coordinator

CAREERS CORNER

YEAR 10 WORK EXPERIENCE

All Year 10 work experience placements for the coming holidays must be finalised by **Friday, 4th September**. Students are able to undertake their placement from **Monday, 21st September to Friday, 25th September** or from **Monday, 28th September to Friday, 2nd October**. Students wishing to do their placement in a school, must see Mrs Lewis to arrange a suitable time to do it.

YEAR 12 TERTIARY APPLICATIONS

A letter will be sent home within the next week outlining what is required for Tertiary Applications this year. If you wish to make an appointment to go through the application process, please phone Mrs Lewis on 5018 8008 or via email on jlewis@sjcmda.vic.edu.au.

CONSTRUCTION INDUSTRY (CI) CARD

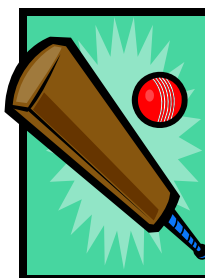
Dale Harvey from SMGT will be at the College on **Tuesday, 1st September** to do a presentation on the CI Card. The CI Card is an Occupational Health and Safety course for those who will be working or doing work experience on a building site in any capacity e.g. plumbers, builders, electricians, bricklayers, cleaners, plasterers, painters, glaziers, landscapers, earth moving, etc. The card is valid in Victoria, South Australia, NSW and Queensland. If you have a student who is interested in attending, please ask them to contact Mrs Lewis. The CI course itself will be conducted prior to the school holidays. Any student in Years 10, 11 and 12 are eligible to attend.

Mrs Julia Lewis, Careers & VET Co-ordinator

SJC PRODUCTION 2009

The SJC Production will be held on **Friday, 4th & Saturday, 5th September** at the Mercy Theatre. Tickets are available from the College reception; \$10 concession, \$15 adults.

MILDURA SETTLERS JUNIOR CRICKET CLUB



All existing, past and new players are welcome to attend the 2009/2010 Season Registration Night being held at Bambill Football/Mildura Settlers Cricket Pavilion, Madec Drive on **Wednesday, 9th September** between 5pm & 6pm. Team structures for the coming season are: Under 10, Under 12, Under 14, Under 16. For more information contact: Shane Noonan (President) 0427 735 328 or Christine Callipari (Secretary) 0407 502 719.

A THOUGHT FROM THE URSULA FRAYNE CENTRE

A POEM TO MUM

*My son came home from school one day,
With a smirk upon his face.
He decided he was smart enough,
To put me in my place.*

*'Guess what I learned in Civics Two,
that's taught by Mr Wright?
It's all about the laws today,
The 'Children's Bill of Rights.'*

*It says I need not clean my room,
Don't have to cut my hair
No one can tell me what to think,
Or speak, or what to wear.*

*I have freedom from religion,
And regardless what you say,
I don't have to bow my head,
And I sure don't have to pray.*

*I can wear earrings if I want,
And pierce my tongue & nose.
I can read & watch just what I like,
Get tattoos from head to toe.*

*And if you ever spank me,
I'll charge you with a crime.
I'll back up all my charges,
With the marks on my behind.*

*Don't you ever touch me,
My body's only for my use,
Not for your hugs and kisses,
that's just more child abuse.*

*Don't preach about your morals,
Like your Mother did to you.
That's nothing more than mind control,
And it's illegal too!*

*Mum, I have these children's rights,
So you can't influence me,
Or I'll call Children's Protective Services,
Better known as C.P.S.*

MUM'S REPLY AND THOUGHTS

*Of course my first instinct was
To toss him out the door.
But the chance to teach him a lesson
Made me think a little more.
I mulled it over carefully,
I couldn't let this go.
A smile crept upon my face,
He's messing with a pro.*

*Next day I took him shopping
At the local Goodwill Store.
I told him, 'Pick out all you want,
there's shirts & pants galore.
I've called and checked with C.P.S.
Who said they didn't care
If I bought you K-Mart shoes
Instead of those Nike Airs.*

*I've cancelled that appointment
To take your driver's test.
The C.P.S. is unconcerned,
So I'll decide what's best. '
I said 'No time to stop and eat,
Or pick up stuff to munch.
And tomorrow you can start to learn
To make your own packed lunch.*

*Just save the raging appetite,
And wait 'til dinner time.
We're having lamb's fry and onions,
A favourite dish of mine.'
He asked 'Can I please rent a movie,
To watch on my VCR?'
'Sorry, but I sold your TV,
For new tyres on my car.*

*I also rented out your room,
You'll take the couch instead.
The C.P.S. requires
Just a roof above your head.
Your clothing won't be trendy now,
and I'll choose what we eat.
That allowance that you used to get,
Will buy me something neat.*

*I'm selling off your jet ski,
Dirt-bike & roller blades.
Check out the 'Parents Bill of Rights',
It's in effect today!
Hey hot shot, are you crying,
Why are you on your knees?
Are you asking God to help you out,
Instead of C.P.S.?'*



**THE
ASTHMA
FOUNDATION**
Victoria

FREE Ask the Expert On-line Forum and HelpLine

National Asthma Week is here and the Asthma Foundation of Victoria want to provide you access to highly regarded asthma experts. We will be providing you the opportunity to ask your asthma related questions from the comfort of your own home.

To ask questions simply visit our website www.asthma.org.au or call 1800 645 130 between the hours of **6pm and 9pm on Tuesday the 1st of September.**

Professor **Susan Sawyer**, expert in paediatric asthma and Fellow in respiratory medicine and allergy **Dr. Andrew Gillman** will be available between 6pm - 9pm on Tuesday the 1st of September to provide you with a expert opinion on your asthma related questions.

When : Tuesday 1st of September

Where : From the comfort of your home

How : Visit www.asthma.org.au or call 1800 645 130

Time : 6.00pm - 9.00pm

Everyone who asks an asthma question during this forum will receive a free copy of Christine Jenkin's book, "Know your asthma".

**National Asthma
Week 2009
1st - 7th September**

**Would you like further Asthma
Information?**

To order an Asthma Resource Pack or for further information

Visit www.asthma.org.au

Email nationalasthmaweek@asthma.org.au

Or

Call 1800 645 130